



September

2026 Newsletter



**Double Mini
Trampoline**

**1:30-3:00
PM**



**Back
Handspring
Clinic**
**3:00-4:30
PM**

DAYTIME PLAYTIME
PRESCHOOL
\$8 PER CHILD
10-11 AM



OPEN GYM
AGES 6+
\$14 PER CHILD
7-8 PM

Enroll for all
events through
the parent
portal

Upcoming Saturday Events

10/3 Bar Skill Clinic 1:30-3:00
10/17 Gym Warrior Halloween Challenge 2:00-3:00
11/17 Turkey Tumble Intensive 1:30-3:00
11/17 Little Gymsters! Preschool Clinic 1:30-2:30
12/19 Santa's Workshop Tumbling Clinic 1:30-3:00

hello  fall





Happy Birthday

September

Anaya A.
Skylar B.
Amirra B.
Anya B.
Cecilia B.
Audrey B.
Luna B.
Isabel B.
Siena B.
Kenzee B.
Emmylou C.
Jordan C.

Weslynn C.
Bristol C.
Elizabeth D.
Finley D.
Hadley D.
Violet F.
Kira G.
Annie G.
Ella G.
Ava H.
Colton H.
Luna H.

Annie H.
Olivia I.
Mila J.
Abigail J.
Juliana J.
Carleigh J.
Abigail L.
Isal M.
Addilyn N.
Sophia N.
Rose P.
Autumn P.

Talia P.
Holly R.
Riley S.
Madison S.
Savannah S.
Lynnlee S.
Heidi S.
Paislee S.
Annabelle W.
Jayna W.
Everleigh W.
Gaberiella Y.



CONGRATULATIONS!!!



Dara Brock
ON YOUR
Retirement



Celebrating a Well-Deserved Retirement

After many years of dedication, commitment, and service, we are proud to celebrate

Dara Brock as she begins her well-deserved retirement.

Throughout her time with us, she has made a lasting impact on our business, our staff, and the many clients and families she has had the opportunity to serve.

From all of us at Gymnastics Central, as well as our staff and clients, we extend our sincere appreciation and gratitude for everything she has contributed. Her hard work, professionalism, and dedication have been truly valued and will be missed.

While this marks the beginning of a new chapter, it is not goodbye. We look forward to celebrating all that retirement has to offer and wish her many happy, fulfilling, and exciting years ahead.

Congratulations on your retirement, Dara Brock, and thank you for everything!



Thank You
FOR YOUR DEDICATION & SERVICE

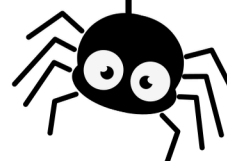
HALLOWEEN

GYM N JAM

with DJ Big Juicy Ham!



SCAN ME



Ages 6 and up!
\$45 per child

Open Gym
Games
Pizza
Dancing
Costume Contest
Arrive in
costume

October 30th

FRIDAY 6:00 PM - 9:00 PM

**Scan the QR code above
and register today!**