



# MAY 2026 NEWS LETTER

## Daytime Playtime

Fridays 10-11 am  
Ages 2-5 \$7 / Child

May 29<sup>th</sup> is the last Daytime Playtime  
before summer break

## Open Gym

Fridays 7-8 pm  
Ages 6-16 \$12 / Child

We are going to run Open Gyms through the  
summer on the following dates listed below.

June 12 & June 26, July 10 & July 31  
August 14

Classes run with minimum enrollment—register  
early to secure your spot!

## COACH CHANGES

You may occasionally see a change in  
your child's coach due to scheduling,  
school commitments, or staff availability.  
We strive to keep coaching as consistent  
as possible and appreciate your  
understanding.

Reminder: if your child needs to leave class  
early, please notify their coach or the front  
office so we know where they are at all  
times.

## REMINDERS

No parents should be on the floor  
beyond the fence. Please see the  
office if you need assistance.

Food, drinks, and gum are not permitted in the lobby.  
Please also help us keep everyone safe by avoiding running  
or gymnastics in the lobby.

We are optimizing our air conditioning system to  
better direct cool air throughout the gym and have  
added ceiling fans in the lobby to improve comfort  
this summer.

*Closed Memorial Day  
Monday May 25, 2026*

## What's new

If you have not noticed we have a brand new  
9 panel spring floor. This is great because it  
allows us to continue with gymnastics and we  
can now work full cheer routines



## That's not all

You probably can't see it but there is a new  
40' rod floor in the back for all our Gym  
Warrior, T&T, Tumbling, Cheer, &  
Gymnastics athletes!



Have positive feedback on your experience?  
Leave us a review! If you have a negative  
experience, tell a manager.  
[Gymnastics-central.com](http://Gymnastics-central.com)



## BIRTHDAY PARTIES

Does your child have a birthday coming up? Well, good news! Gymnastics Central is hosting birthday parties. Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Let us do the work and clean up!

Book now through the Parent Portal or call the office today—spots fill quickly!



## DID YOU KNOW?

Gymnastics Central partners with numerous school teams and specialized groups and plays a vital role in nurturing young athletes across a range of disciplines. By collaborating with teams like Xavier Cheer, Anderson Gymnastics, Turpin Gymnastics, Turpin Cheer, Nagel Gymnastics, West Clermont Cheer, and specialized groups such as Legacy Diving and Futuristic Gymnastics. Gymnastics Central provides access to our top-notch training facility and expertise. This extensive network not only enhances the skills of individual participants but also fosters a strong sense of teamwork and sportsmanship, creating a thriving community of athletes.



All class  
schedules  
stay the same  
through  
summer!!!

## CLINICS & CAMPS

SUMMER CAMP  
FUN & FITNESS

Are you looking for something extra for your athlete? Be sure to check out our clinics! Are you looking for summer activities for your athlete? Check out our summer camps.

Log into the parent portal for more details:  
<https://portal.iclasspro.com/gymcentral947>



## PARTY ROOM RENTAL

Looking for a rental space for your event? Our party room fits 20 and would be perfect for your next event! Rental times vary by need and availability. Call or email our office for more information!



# Team Athlete Spotlight

A big congratulations to all of our STARS Gymnasts! They showcased incredible talent and dedication at our League Championship. We are thrilled to highlight a few outstanding performances.....

Mia dazzled everyone with her routine and secured 1st place in Bronze All-Around. Mira followed closely with an impressive 2nd place in the same category. Tillie and Madelyn both delivered remarkable performances, tying for 3rd place in Bronze All-Around. In the Gold All-Around category, Rylie and Sophia both shone brightly, each earning a commendable 2nd place finish. Well done to all our gymnasts for their hard work and determination!



## Trampoline & Tumbling Regional Champions on Double Mini

Holly



Leighton



Harper



## Trampoline & Tumbling Regional Champions on Trampoline

Paxton and Lourens



## **Gymnastics Level 3 & 4 Spring Showcase Athlete Spotlight**

**Big Shout out to the following coaches  
Kylie, Brianna, Alexis and Alaina for  
doing an outstanding job preparing  
these kiddos for their  
1<sup>st</sup> Spring Showcase.**



# SUMMER

# CAMP

**UPCOMING  
EVENTS**



## Gymnastics Camp



June 8-12

Bars, beams, floor, vault

Early bird special ends  
April 25th!

## Gymnastics Camp #2

June 15-19

Bars, beam, floor,  
vault

Early bird special  
ends May 2nd!



Enjoy games, crafts, prizes, and more.

## Gym Warrior Camp

July 6-10

Obstacle Course,  
Xtrength, challenges

Early bird special  
ends May 23rd!



## Trampoline and Tumbling Camp



August 3-7

Trampoline, Double-Mini,  
and Floor

Early bird special ends  
June 20th!

Register now through the parent portal!

\$225 per child

SAVE \$25 - REGISTER BEFORE  
"early bird date"

Time : 9am - 12pm

Ages: 5 - 12



**Gymnastics Central**

# Bar Clinic

Enroll in our new bar clinic to work on strong bar form and prioritize the correct execution of levels 2-3 gymnastics class-required skills.

This clinic is designed to focus on correct body shapes to produce proficient casts, back hip circles, and transition from low bar to high bar.

Levels 2 & 3

May 30<sup>th</sup>, 2026

2:00pm - 3:30pm

Enroll Online!



[Gymnastics-Central.com](https://www.gymnastics-central.com)

# TRAMPOLINE CLINIC



SATURDAY MAY 30TH 2:00PM-4:00PM



## Clinic Description:

This trampoline clinic focuses on building strong fundamentals, body control, and confidence through skill-based progressions and combinations. Athletes will work on shapes, takeoff, air awareness, and introductory twisting skills based on their level. All in a fun, high-energy training environment.!

Led by national-level athletes and coaches Adrian and Alli

**REGISTER ON OUR PARENT PORTAL - SPACE IS LIMITED**

**Ages: 7-18yrs**

**\$30.00 enrollment**

## ENROLLMENT REQUIREMENTS

For Beginner, Intermediate, and Advanced athletes. Space is limited to 18 athletes. Register Early!

**GYMNASTICS-CENTRAL.COM**

GYMNASTICS \* TRAMPOLINE \*  
CHEER \* TUMBLING \*  
GYM WARRIOR

<https://portal.iclasspro.com/gymcentral947/booking>

# TRAMPOLINE & TUMBLING TEAM **TRYOUT**

All ages & skill levels are welcome to attend! tryouts are a great opportunity for athletes to showcase their skills, work ethic, and readiness for a more competitive team environment. Tryouts do not guarantee a team placement



**Saturday May 16**



**1:00 PM**



**3972 Bach Buxton Rd  
Amelia, OH 45120**

**REGISTER NOW**

513-947-0540



[www.gymnastics-central.com](http://www.gymnastics-central.com)





# Gymnastic Central's Cheer Team Showcase!



Our teams have worked hard all season to show of their routines and skills! GC's team Ruby and team Sapphire's have prepared choreography, tumbling, and beginner level stunting to perform!

Special Guests:  
Coach Kaylee & her  
stunting partner!  
**MORE TO COME!**

**June 13<sup>th</sup>, 2026**

Coach KAYLEE  
Coach BRITTANY



**WE ARE G C**

**HAPPY**

**Birthday**

**TO YOU**

Ada K  
Adalyn C  
Alexandra (Sasha) K  
Alexis R  
Alonzo D  
Amelia B  
Aria D  
Ariella S  
Audrey C  
Audrey F  
Auri L  
Calee S  
Callie C  
Cameron I  
Camille H  
Chloe D  
Cora W  
Dakota S  
Dominic M  
Evan K  
Evanthia K  
Everly M  
Gabriel G

Gabrielle G  
Gaby A  
Goldie L  
Grayson B  
Greta D  
Hadley W  
Harper H  
Jackson K  
Jovie H  
Julia S  
Kendall K  
kynsley F  
Lainey C  
Lilli M  
Logan E  
Lucy A  
Luka F  
Maddie P  
Maddisen P  
Madeleine W  
Madelyn S  
Madisyn B  
Maeve R  
Makinley S

Marin D  
Maya B  
Mila M  
Mila Z  
Mina J  
Parker A  
Parker G  
Penelope D  
Prithvi G  
Rebekah N  
Reese H  
Romey S  
Rosalie S  
Ruby F  
Ruby W  
Rylee B  
Sophia S  
Sutton D  
Vera M  
Victoria B  
Willow N  
Zaydek C  
Zoery H  
Zoey N

**May**