

# High-Tech T&T Training Camp

July 25th, 26th, & 27th



## Our 15th event!

"We've got you covered in our NEW facility!"

Join us for our 15th annual Trampoline and Tumbling Training Camp in our NEW FACILITY! In our 35,000 sq ft gym you will find top of the line equipment and a great set up for T&T!

From **Intermediate** to **Elite**, during our 3 day (**4 training sessions**) camp we will challenge you to your limit by helping you master the skills you have and develop the skills you're learning. Whether you are working a full or a triple back, our coaches have you covered! Not only will you learn and improve, but you will also make new friends and have new experiences that you could only have in a camp setting like this. Not only is this a great camp for athletes, this is a great camp for coaches. This is a great place to share coaching ideas and techniques!

*Space is limited!*

## 3 fully packed days of training

*FINAL SCHEDULE will be emailed prior to camp. \*this is a planning prediction*

1

July 25th  
Final times to be  
announced -  
TENTATIVE  
2:00 pm - 6:00 pm

2

July 26th  
Final times to be  
announced -  
TENTATIVE  
9:00 am - 4:00 pm  
Lunch is on us!

3

**JULY 27TH**  
Final times to be  
announced - TENTATIVE  
10:00 am - 2:00 pm

## Camp Staff

**Nick Minney**  
Carolina Elite, NC

**Austin Culp**  
Culprit Athletics, GA

**Ky Shaw**  
CITT, IL

**Ariel Kibler**  
Gymnastics Central, OH

**Robert Johnson**  
Gymnastics Central, OH

**Patrick Clark**  
Gym Nation, OH

**Richard Mousir**  
Gymnastics Central, OH

**Guest Athletes**  
TBA

**More staff to come!**

## Our NEW facility

Plenty of T&T toys to flip on!

Four In-ground Competitive Trampolines with two of the trampolines dismounting to lose foam

4x4 Euro Double-Mini Trampoline with full run and dismounting to a loose foam pit

4x4 Euro Double-Mini Trampoline with full run and dismounting to comp spec landing zone

84' Speith International Rod Floor with a 31' run up dismounting to an in-ground Resi-Pit

40' Air Track dismounting to in-ground Resi-Pit

60' Tumble Track dismounting to lose foam pit

50' Tumble Track dismounting to lose foam pit

30' Tumble Track dismounting to lose foam pit

**Athlete Registration: \$325.00**

\*Registration & waiver form are completed with registration and payment on our website\*

Call our office with any questions 513-947-0540.

***NOW TAKING REGISTRATIONS!***



## OUR NEW LOCATION

3972 Bach Buxton Rd, Cincinnati OH 45102

### Contact info

email: [contact@gymnastics-central.com](mailto:contact@gymnastics-central.com)

Website: [www.gymnastics-central.com](http://www.gymnastics-central.com)

phone: 513-947-0540

**Register online**  
[CLICK HERE TO REGISTER!](#)

**Space is limited!**

### Eligibility

We recommend that you can do 'Round-off back-handspring series to a back tuck' (**USTA Intermediate - USAG Level 7 and higher**) and have competitive Trampoline and Tumbling experience to get the most from our camp.

## HOTEL ACCOMMODATION:

We have several hotels that are less than a 10 minute drive from Gymnastics Central, use the EASTGATE location.

