

# GYMNASTICS CENTRAL NEWSLETTER



## APRIL 2025



### Daytime Playtime

Friday 10-11 am

Ages 2-5

\$7 / Child

### Open Gym

Fridays 8-9 pm

Ages 6-16

\$10 / Child

**Register  
Days ahead  
of time-  
spots fill  
fast!**



**If we do not have  
enough kids  
enrolled by  
Thursday evening,  
we will cancel  
Daytime Playtime**

## REMINDERS

No parents should be on the floor. Please see the office if you need assistance.

**FOOD, DRINKS, AND GUM ARE NOT PERMITTED IN THE LOBBY.**

**ALSO NO GYMNASTICS OR RUNNING IN THE LOBBY PLEASE!**

Parking Lot safety-Please always remember to lock your car doors, remove valuables, and stay vigilant. Stay aware of your surroundings, if you see something, please let someone know.

## COACH CHANGES

You may notice your child's coach change every so often.

Staff may leave due to personal reasons, a school-related conflict, college, etc. We try our best to keep coaches consistent as possible for your child. We apologize for any inconvenience.

Reminder: if your child needs to leave class early, please notify their coach or the front office so we know where they are at all times.

# GYMNASTICS CENTRAL NEWSLETTER



## APRIL 2025



## Coach Spotlight

Our Coach of the Month is Coach Aly! Aly started as a gymnast herself competing on the Trampoline & Tumbling Team. She is very versatile coaching T&T, Gymnastics, and pre-school while also running operations in the office. Aly is a team player, always ready to step in and help where needed and making her coworkers and children feel appreciated and making class memorable!



## Athlete Spotlight

### **SLOAN DIPUCCIO**

Sloan is a Silver Gymnast in our Xcel Stars program. She has been in gymnastics for 5 years! In the gym, she is a hard-working and determined athlete. Her favorite event is Beam and floor. When she is not at the gym, she loves playing with her siblings. Her favorite Coach is Coach Dara and her favorite song is her floor music, Welcome to the jungle.





# GYMNASTICS CENTRAL NEWSLETTER



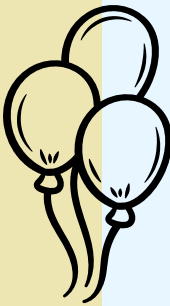
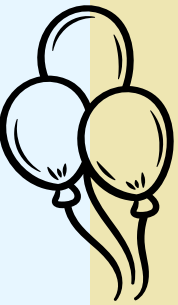
## APRIL 2025



## BIRTHDAY PARTIES

Does your child have a birthday coming up? Well, good news! Gymnastics Central is hosting birthday parties. Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? The Gym Warrior set is available to use as well!

Visit our website to book your party today!



## CLINICS & CAMPS

### Back Handspring Clinics

March 1st  
April 5th  
May 3rd  
June 7th  
1:15-2:45 pm  
\$25 / day



## PARTY ROOM RENTAL

Looking for a rental space for your event? Our party room fits 20 and would be perfect for your next event!

Rental times vary by need and availability.  
Call or email our office for more information!



Join us for

# Summer Camp!

Join us for 3 fun camps  
this summer!

\$200 per child per camp  
Sign up before the "Early  
Bird Special" ends for \$25  
off each child enrolled

Enroll online through our  
parent portal today!

## Gymnastics

June 9th-13th

9:00-12:00 PM

Ages 5-12

Early Bird Special ends  
May 3rd

## Gym Warrior

July 7th-11th

9:00-12:00 PM

Ages 5-12

Early Bird Special ends  
May 24th

## Trampoline & Tumbling

August 4th-8th

9:00-12:00 PM

Ages 5-12

Early Bird Special ends  
June 28th

