

# Gymnastics Central Newsletter



## December 2023



### Athlete Spotlight



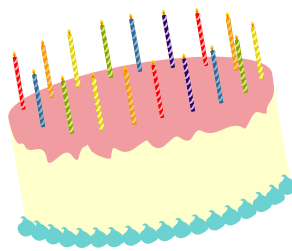
Our Athlete Spotlight for December is Lizzie G! Lizzie is an athlete in one of our gymnastics level 3 classes. She was nominated by her instructor, Alaina, because she's a great listener, is always on-task, and is never too afraid to try something new. Alaina says that, when she is afraid, she powers through that fear, which is very admirable!

Lizzie has been doing gymnastics since she was 3 years old! Her favorite parts of class are tumbling and working on the bars. Outside of the gym, Lizzie likes to dance. She is currently studying ballet, tap, jazz, and acrobatics. That's amazing!

We love having passionate athletes like Lizzie at the gym. Keep up the awesome work!

### **Birthday Parties!**

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



**Preschool parties now available!**

### **Daytime Playtime!**

★ Fridays ★  
10 - 11 AM  
Ages 2-5  
\$7 Per child

★ Pre-Register Online ★  
Spaces Limited!

### **Open Gym**

Fridays 8:00 - 9:00PM  
Ages 6 and Up  
\$10 Per Child



**Pre-Register  
Online**



### Staff Spotlight

Our Staff Spotlight for the month of December is Bailey! Bailey is one of the newest instructors at Gymnastics Central. You may have seen Bailey around the gym as she has already started instructing a few gymnastics level 1 classes and shadowing a few of the higher levels as well.

We're so excited to have Bailey working with us at the gym. Please help us give her a warm welcome! If you see Bailey around the gym, be sure to say 'Hi'!

### **Round Off & Back Handspring Clinic**

Saturday, January 13th

1:15 - 2:45 PM

\$20 Per Child

Ages 7 & Up



### **Inclement Weather Policy**

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our outgoing phone message and our Facebook with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!

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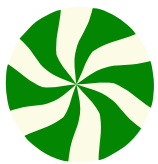
## Last-Minute *Holiday* Shopping Camp

December 18th, 19th, & 20th

9:00 - 12:00 PM

Ages 5-12

\$40 Per Day/ Per Child



Gymnastics Central will be

**CLOSED**



Monday, December 25th -  
Monday, January 1st



**Happy**



**Holidays!**

