

# Gymnastics Central Newsletter



May 2023



## Athlete Spotlight

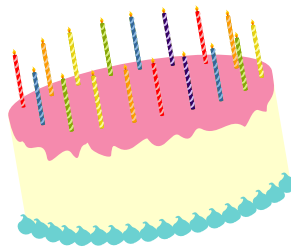


Our Athlete Spotlight for the month of April is Allie G! Allie is an athlete in our Gym Warrior program. She was nominated by her instructor, Jack, because she's a great student, a fantastic listener, and is always so energetic - which is super important for running all of those obstacle courses! Allie has been at the gym for three years now. In that time, she has tried out gymnastics, T&T, and gym warrior, but she likes gym warrior the best! Her favorite part of class is doing rope obstacles and being challenged in new ways every week. Outside of the gym, Allie likes to dance and play basketball - she's also in a running club!

We love having passionate, hard-working athletes like Allie at Gymnastics Central! Keep up the awesome work!

## Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Preschool parties also available!

## Daytime Playtime!



Fridays



10 - 11 AM



Ages 2-5



\$7 Per child

Pre-Register Online  
Spaces Limited!



**\*ENDS MAY 26TH\***

## Open Gym

Fridays 7:30 - 8:30PM

Ages 6 and Up

\$10 Per Child



Pre-Register  
Online

**\*ENDS MAY 26TH\***



## Staff Spotlight

Our Staff Spotlights for the month of May are our office staff! Lisa, Erica, and Kristina do a fantastic job keeping the gym running from day-to-day - from answering phone calls and e-mails to assisting our clientele with class and make-up enrollments. We don't know what we'd do without them!

Thanks, ladies, for all that you do!

We're very lucky to have employees like Lisa, Erica, and Kristina. If you see them around the gym (or in the office!) be sure to say Hi!

## Congrats Teams!

We wanted to extend our congratulations to all of our gymnastics and T&T teams on a fantastic season. They did wonderfully this year and we're very proud of all they accomplished.

A few of our gymnastics team members will be competing at Regionals this weekend and we wish them the best of luck!

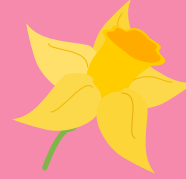
Gymnastics Central  
will be CLOSED  
Monday, May 29th  
for  
Memorial Day



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## Are You Ready for Summer?

We sure are!

**Join us for 3 fun camps this summer!**

**\$200 per child**

**Sign up before the “Early Bird Special” ends for \$25 off each child enrolled**

**Enroll online through our parent portal today!**

### Gymnastics

June 12th - 16th

9:00 - 12:00 PM

Ages 5-12

**This camp is now FULL**

### Gym Warrior

July 10th - 14th

9:00 - 12:00 PM

Ages 5-12

**Early Bird Special Ends May 29th**

### Tumbling & Trampoline

July 31st - August 4th

9:00 - 12:00 PM

Ages 5-12

**Early Bird Special Ends June 26th**

## Roundoff & Back Handspring Camp



**June 26th - 28th**

**11:00 - 2:00 PM**

**Ages 7 & Up!**

**Level 2 & Up**

**\$35 Per Child/ Per Day**

**Be sure to pack water and a snack!**

Register Online through our Parent Portal