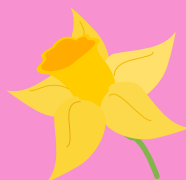
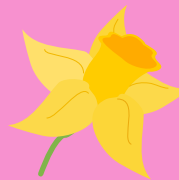


Gymnastics Central Newsletter



May 2022



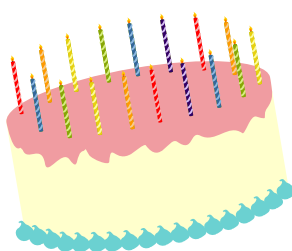
Athlete Spotlight



Our Athlete Spotlight for May is Haven N! Haven is a student in one of our level 2 gymnastics classes. She was nominated by her coach Ariel for her constant and consistent dedication. Great job, Haven! Haven first started taking gymnastics classes at the Health Plex when she was 3 years old. She switched to Gymnastics Central not long after that and has been participating in the sport ever since! She loves her class and teacher and looks forward to seeing them every week. Her favorite thing to is the back pullover and the back hipcircle on the bars! Outside of gymnastics, Haven takes dance and plays recreational soccer. She likes to collect various fidgets and poppers and reading I Survived books. She also enjoys painting and drawing and helping her grandma complete big puzzles! We love having athletes like Haven at the gym. Keep up the great work!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Daytime Playtime!

★ Fridays ★
10 - 11 AM
★ Ages 2-5 ★
★ \$5* Per child ★

★ Pre-Register Online ★
★ Spaces Limited! ★

Open Gym

Fridays 7:30 - 8:30PM
Ages 6 and Up
\$10 Per Child



**Pre-Register
Online**

ENDS MAY 27TH

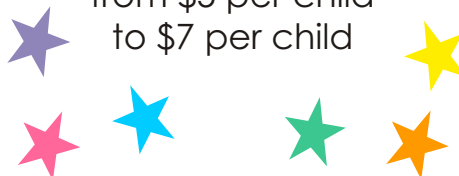


Staff Spotlight

Our Staff Spotlight for May is Josh! Josh was nominated by Maria after he stepped up and helped an athlete on our Elites T&T team change her tire after work one evening! Josh instructs a few gym warrior classes throughout the week and is great at engaging with the kids. Outside of the gym, he works as an athletics development coach. We're so lucky to have fun, helpful coaches like Josh at Gymnastics Central. If you see him around the gym, be sure to say 'hi'!

*Daytime Playtime Price Change

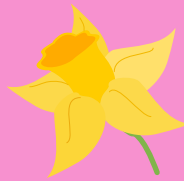
Starting June 1st, 2022, the price for a daytime playtime enrollment will increase from \$5 per child to \$7 per child



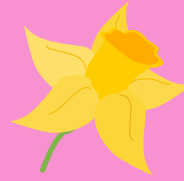
We will be
CLOSED
Monday, May 30th
for
Memorial Day



Gymnastics Central Newsletter



May 2022



Are You Ready for Summer?

We sure are!

Join us for 3 fun camps this summer!

\$175 per child

Sign up before the "Early Bird Special" ends for \$25 off each child enrolled

Each child enrolled will receive a free water bottle!

Gymnastics

June 20th - 24th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends May 9th

Gym Warrior

July 11th - 15th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends May 30th

Tumbling & Trampoline

August 1st - 5th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends June 20th

Enroll online through our parent portal today!

New Daytime Playtime Days Starting June 1st!

Daytime playtime, an open gym for ages 2-5, will be offered:
Wednesdays 10:30 - 11:30
&
Thursdays 10:45 - 11:45
as well as the normal Friday time starting June 1st!

All participating children must still be registered online ahead of time as spaces are limited!

Round Off & Back Handspring Clinic

Saturday, June 18th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



Gym Warrior Competition



Saturday, June 11th

1:30 - 4:00 PM

\$25 Per Warrior

Ages 5 & Up

