

# Gymnastics Central Newsletter



April 2023



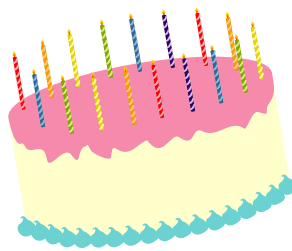
## Athlete Spotlight



Our Athlete Spotlights for the month of March are the athletes on our Xcel Stars team! Our Bronze, Silver, Gold, and Platinum Stars just competed in a meet hosted here at Gymnastics Central and all did wonderfully. And, in very exciting news, they have Championships coming up this month, which they have been preparing for all year long. Help us in wishing them luck! Keep up the amazing work, all of you!

## Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Preschool parties also available!

## Staff Spotlight



Our Staff Spotlight for the month of April is Coach Payton! Payton is the newest staff member to join the Gymnastics Central team! However, though he only just joined us in an official capacity, many athletes may already recognize Payton, both as a member of our Old Timers T&T team and from the time he has spent as a volunteer in the gym in the past. We're so excited to welcome Payton and for him to start leading his own classes - and we're sure that he's excited as well.

Gymnastics Central is lucky to have someone as dedicated and passionate as Payton working at the gym. If you see him around, be sure to say 'Hi'!

## Daytime Playtime!

★ Fridays ★  
10 - 11 AM  
★ Ages 2-5 ★  
★ \$7 Per child ★

★ Pre-Register Online ★  
★ Spaces Limited! ★

## Open Gym

Fridays 7:30 - 8:30PM  
Ages 6 and Up  
\$10 Per Child



**Pre-Register  
Online**

## Round Off & Back Handspring Clinic

Saturday, April 8th

1:15 - 2:45 PM

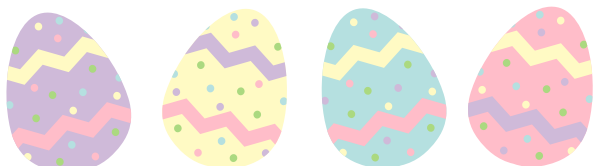
\$15 Per Child

Ages 7 & Up



## Attire Reminder

Remember that all loose, hanging jewelry such as necklaces, bracelets, and earrings should be left at home or in a cubby during class or practice. Also, hair should be put up in a ponytail or a bun!



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## Are You Ready for Summer?

We sure are!

**Join us for 3 fun camps this summer!**

**\$200 per child**

**Sign up before the “Early Bird Special” ends for \$25 off each child enrolled**

**Enroll online through our parent portal today!**

### Gymnastics

June 12th - 16th

9:00 - 12:00 PM

Ages 5-12

**Early Bird Special Ends May 1st**

### Gym Warrior

July 10th - 14th

9:00 - 12:00 PM

Ages 5-12

**Early Bird Special Ends May 29th**

### Tumbling & Trampoline

July 31st - August 4th

9:00 - 12:00 PM

Ages 5-12

**Early Bird Special Ends June 26th**



## Ninja Competition!

A few of our Gym Warriors attended a Ninja Competition on Sunday, March 12th at Gym Nation. We're so proud of all of our athletes and hope that they are too!



### Name

Zane R.  
Allie G.  
Joshua K.  
Zoe C.  
Emma F.  
Cooper N.  
Will S.  
Davis B.  
Quinn G.

### Result

Completed 11 Obstacles  
Completed 11 Obstacles  
Completed 11 Obstacles  
Completed 11 Obstacles  
Completed 9 Obstacles  
Completed 7 Obstacles  
Completed 7 Obstacles  
Completed 6 Obstacles  
Completed 5 Obstacles

### Time

01:53.44  
02:06.83  
02:08.86  
02:18.57  
01:58.30  
01:38.60  
01:45.82  
02:12.67  
02:04.48