

# Gymnastics Central Newsletter



April 2022



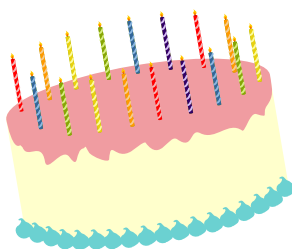
## Athlete Spotlight



Our Athlete Spotlight for April is Jack M! Jack is an athlete in our gym warrior program. He was nominated by his instructor, Cole, because he recently set a new plank record of 12 minutes and 2 seconds. That's so awesome! Great job, Jack! Jack has been in gym warrior classes for a couple of years now. He enjoys the ongoing challenge of working hard to overcome all of the obstacles - but he really likes the warped wall! Outside of the gym, Jack likes to play video games and he is in the Boy Scouts. He also likes hanging out with his family! Cole is proud of Jack for always working hard in class and never giving up! Keep up the great work, Jack!

## Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

## Daytime Playtime!

★ Fridays ★

10 - 11 AM

★ Ages 2-5 ★

\$5 Per child

★ Pre-Register Online ★  
Spaces Limited!

## Open Gym

Fridays 7:30 - 8:30PM  
Ages 6 and Up  
\$10 Per Child



Pre-Register  
Online



## Staff Spotlight

Our Staff Spotlight for March is Alyssa! Alyssa teaches a variety of classes at Gymnastics Central - from preschool to gymnastics to gym warrior, she practically does it all! Dara nominated Alyssa because she is a fun coach who always knows how to engage with her students and because of her reliability. Alyssa is always willing to step up when she is needed, which we so appreciate. We're so lucky to have awesome instructors like Alyssa at the gym. If you see her around, be sure to say 'Hi!'

## Round Off & Back Handspring Clinic

Saturday, April 16th

1:15 - 2:45 PM

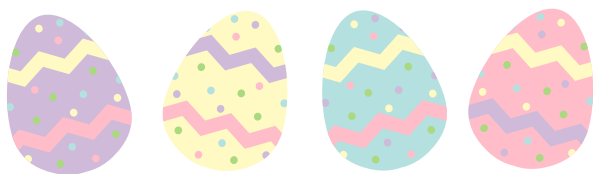
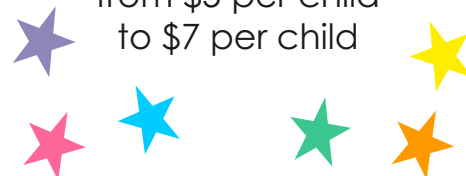
\$15 Per Child

Ages 7 & Up



## Daytime Playtime Price Change

Starting June 1st, 2022, the price for a daytime playtime enrollment will increase from \$5 per child to \$7 per child



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## Are You Ready for Summer?

We sure are!

**Join us for 3 fun camps this summer!**

**\$175 per child**

**Sign up before the "Early Bird Special" ends for \$25 off each child enrolled**

**Each child enrolled will receive a free water bottle!**

### Gymnastics

June 20th - 24th  
9:00 - 12:00 PM  
Ages 5-12

**Early Bird Special Ends May 9th**

### Gym Warrior

July 11th - 15th  
9:00 - 12:00 PM  
Ages 5-12

**Early Bird Special Ends May 30th**

### Tumbling & Trampoline

August 1st - 5th  
9:00 - 12:00 PM  
Ages 5-12

**Early Bird Special Ends June 20th**

**Enroll online through our parent portal today!**

## GYMNASTICS CENTRAL

### Team Tryouts

**Xcel Stars**

**Ages 7+**

**Tumbling  
& Trampoline**

**Saturday, May 7th**

**Saturday, May 14th**

OPEN TO:

**Gymnastics  
Levels 2 & Up!**

**Register  
Online  
Today!**

OPEN TO:

**Gymnastics; T&T  
Levels 2 & Up!**

**Time 1:30 - 3:00 PM**

**Time 1:00 - 2:00 PM**