

Gymnastics Central Newsletter



March 2023



Athlete Spotlight

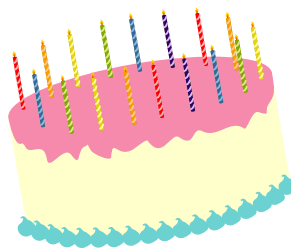


Our Athlete Spotlights for the month of March are the three new members of the gymnastics pre-team, Gwen D, Evelynn R, and Mary S! Gwen, Evelynn, and Mary were nominated by their coach, Dara, because she wanted to congratulate them on making it on to the team! She's so proud of their hard work and dedication.

Good job to all three girls and the rest of the pre-team for putting in so much effort and having such a great year!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Preschool parties now available!

Staff Spotlight



Our Staff Spotlights for the month of March are Emily B and Brianna! Emily and Brianna are the two newest coaches at Gymnastics Central. Both have been shadowing classes for a little while now, so you may have already seen them around the gym, but they're so excited to start classes of their own! We're excited for them, too! We're sure they are going to be great additions to our team.

Be sure to say Hi to Emily or Brianna if you see them!

Daytime Playtime!

★ Fridays
10 - 11 AM
★ Ages 2-5
★ \$7 Per child

★ Pre-Register Online
★ Spaces Limited!

Open Gym

Fridays 7:30 - 8:30PM
Ages 6 and Up
\$10 Per Child



Pre-Register
Online

Lobby & Class Rules

Please keep in mind that the lobby is not a playground. Children should not run through the walkways or jump across the bleachers - the floor underneath the carpet is concrete and we don't want anyone to get hurt! Gymnastics should be saved for the gym floor where there are mats! Balls should not be thrown in the lobby as these could get out onto the floor and disrupt class.

Children should not chew gum in class and large jewelry should not be worn. If a student's hair is longer than their shoulders, it should be tied up in a ponytail or bun. Thank you!

Round Off & Back Handspring Clinic

Saturday, March 25th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



Inclement Weather Policy

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our outgoing phone message and our Facebook with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!

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Are You Ready for Summer?

We sure are!

Join us for 3 fun camps this summer!

\$200 per child

Sign up before the "Early Bird Special" ends for \$25 off each child enrolled

Enroll online through our parent portal today!

Gymnastics

June 12th - 16th

9:00 - 12:00 PM

Ages 5-12

Early Bird Special Ends May 1st

Gym Warrior

July 10th - 14th

9:00 - 12:00 PM

Ages 5-12

Early Bird Special Ends May 29th

Tumbling & Trampoline

July 31st - August 4th

9:00 - 12:00 PM

Ages 5-12

Early Bird Special Ends June 26th

