

Gymnastics Central Newsletter



March 2022



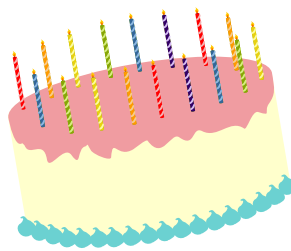
Athlete Spotlight



Our Athlete Spotlight for March is Addison S. Addison was nominated by her coach, Dara, because of her diligence. She is always working hard and recently mastered a few skills she had been working on for a while! Way to go, Addison! Addison has had an interest in gymnastics since she was about 4 years old. She started tumbling classes at 5 and switched to gymnastics after moving and joining us at Gymnastics Central. She most enjoys getting to work on the beam, bars, floor, and vault. She loves experiencing all parts of gymnastics! Addison also loves animals and recently started taking horseback riding lessons! Very exciting! We love having hard working, dedicated athletes like Addison at the gym!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

Daytime Playtime!

★ Fridays ★

10 - 11 AM

★ Ages 2-5 ★

\$5 Per child

★ Pre-Register Online ★
Spaces Limited!

Open Gym

Fridays 7:30 - 8:30PM

Ages 6 and Up

\$10 Per Child



Pre-Register
Online

Staff Spotlight



Our Staff Spotlight for March is Emily! Emily instructs a wide variety of classes at the gym; from gymnastics, to preschool, to T&T, she does a little bit of everything! Emily was nominated by Dara because of her reliability. She's a great coach whose passion shines through when working with the kids and is always willing to help out when needed. We're so lucky to have awesome coaches like Emily working at Gymnastics Central! If you see her around the gym, be sure to say, 'hi'!

Round Off & Back Handspring Clinic

Saturday, March 26th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



Inclement Weather Policy

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our Facebook page with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!



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Are You Ready for Summer?

We sure are!

Join us for 3 fun camps this summer!

\$175 per child

Sign up before the "Early Bird Special" ends for \$25 off each child enrolled

Each child enrolled will receive a free water bottle!

Gymnastics

June 20th - 24th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends May 9th

Gym Warrior

July 11th - 15th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends May 30th

Tumbling & Trampoline

August 1st - 5th
9:00 - 12:00 PM
Ages 5-12

Early Bird Special Ends June 20th

Enroll online through our parent portal today!

