

Gymnastics Central Newsletter



February 2022



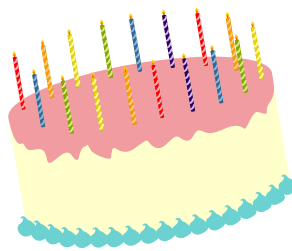
Athlete Spotlight



Our Athlete Spotlight for February is Ruby C. Ruby is an athlete on our Optionals gymnastics team. Ruby was nominated by her coach, Stacey, because she has really stepped up in practice to challenge herself by making improvements on all 4 events. She is always cheering on and supporting her teammates in practices and at meets. Her positive attitude and hard work contributes greatly towards her success as a gymnast. Ruby has been in gymnastics for about 6 years, now. Her favorite part of gymnastics is learning and gaining new skills. Outside of gymnastics, she likes to play softball and volleyball and do art! We love having hard working athletes like Ruby at the gym!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

Daytime Playtime!

★ Fridays ★

10 - 11 AM

Ages 2-5

\$5 Per child

★ Pre-Register Online
★ Spaces Limited!

Open Gym

Fridays 7:30 - 8:30PM

Ages 6 and Up

\$10 Per Child



**Pre-Register
Online**

Staff Spotlight



Our Staff Spotlights for February are Josh and Izzie! Josh and Izzie are the newest coaches at Gymnastics Central. You may have seen them around the gym shadowing with coaches Cole and Kristina, but both will be starting their own, brand new classes at the beginning of this month - very exciting! We're so lucky to have such awesome staff at the gym and we're excited to welcome both Josh and Izzie to the Gymnastics Central crew! If you see either of them around the gym be sure to say 'Hi'!

Round Off & Back Handspring Clinic

Saturday, February 26th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



Inclement Weather Policy

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our Facebook page with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!



Gymnastics Central Newsletter



February 2022



Are You Ready for Summer?

We sure are!

Join us for 3 fun camps this summer!

\$175 per child

Sign up before the "Early Bird Special" ends for \$25 off each child enrolled

Each child enrolled will receive a free water bottle!

Enroll online through our parent portal today!

<p>Gymnastics June 20th - 24th 9:00 - 12:00 PM Ages 5-12 Early Bird Special Ends May 9th</p>
<p>Gym Warrior July 11th - 15th 9:00 - 12:00 PM Ages 5-12 Early Bird Special Ends May 30th</p>
<p>Tumbling & Trampoline August 1st - 5th 9:00 - 12:00 PM Ages 5-12 Early Bird Special Ends June 20th</p>

New T&T Classes

Ages 5-6

**Mondays
4:15 - 5:00**

**Thursdays
5:30 - 6:15**

New Preschool Classes

Age 2

**Thursdays
6:15 - 6:45**

New Gym Warrior Classes

Ages 5-7

**Tuesdays
5:00 - 5:45**

**Thursdays
5:00 - 5:45**

Available online through our parent portal!

Available online through our parent portal!

Available online through our parent portal!