

Gymnastics Central Newsletter



January 2022



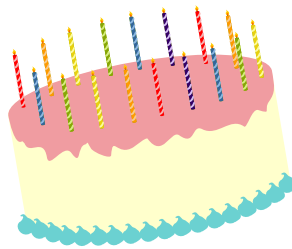
Athlete Spotlight



Our Athlete Spotlight for January is Brooklyn M! Brooklyn was nominated by her coach, McKenna, because she has a great attitude, always follows directions, and never gives up. Awesome, Brooklyn! Brooklyn started classes at Gymnastics Central back in 2017 - just about 5 years ago! Her favorite parts about gymnastics are the tumble track and bars, but she likes climbing the rope to the top the best. Outside of gymnastics, Brooklyn likes to roller skate, swim, and ride on her hover board. Sounds like tons of fun! We love having passionate gymnasts like Brooklyn at the gym. Way to go!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

Daytime Playtime!



Fridays



10 - 11 AM



Ages 2-5



\$5 Per child



Pre-Register Online
Spaces Limited!



Open Gym

Fridays 7:30 - 8:30PM

Ages 6 and Up

\$10 Per Child



Pre-Register
Online

Staff Spotlight



Our Staff Spotlights for January are Alyssa, Grace, & Teagan! These three coaches are the newest additions to the Gymnastics Central staff. All are getting ready to start instructing their first classes in the gym and are very excited. We're so happy to welcome Alyssa, Grace, & Teagan into the gym family. If you see any of these coaches around the gym, be sure to say 'Hi'!

Round Off & Back Handspring Clinic

Saturday, January 29th

1:15 - 2:45 PM

\$15 Per Child

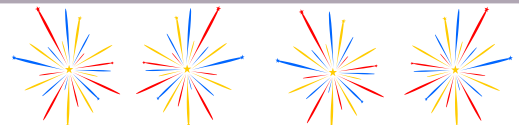
Ages 7 & Up



Inclement Weather Policy

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our Facebook page with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!

Happy New Year!



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Are You

The Ultimate Gym Warrior?



Gym Warrior Competition

Saturday, February 5th

1:30 - 4:00 PM

\$25 Per Athlete

Ages 5+



Register online today!