

# Gymnastics Central Newsletter



## December 2022



### Athlete Spotlight

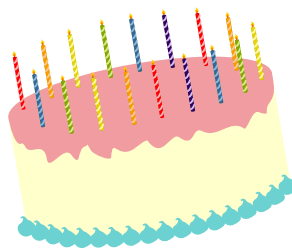


Our Athlete Spotlights for December are Andi F and Payton B! Andi and Payton are athletes on our Bronze Stars team and they were both nominated by their coach, Dara, because they both placed 1st all around in their age groups at their very first meet back in November! That's so awesome! Good job, girls! Both Payton and Andi have been interested in gymnastics for 5 years and they both love to work on bars skills most of all. Outside of gymnastics, Andi enjoys hip hop, ballet, and rappin' ropes, and, when not in the gym, Payton does ballet, karate, and plays soccer. Sounds like fun!

We love having athletes like Payton and Andi at the gym. Keep up the amazing work!

### **Birthday Parties!**

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



**Preschool parties now available!**

### **Daytime Playtime!**



Fridays



10 - 11 AM



Ages 2-5



\$7 Per child



Pre-Register Online  
Spaces Limited!



### **Open Gym**

Fridays 7:30 - 8:30PM  
Ages 6 and Up  
\$10 Per Child



**Pre-Register  
Online**

### Staff



### Spotlight

Our Staff Spotlights for December are the two newest coaches to join the Gymnastics Central team; Jadyn and Missy! Both have been shadowing classes around the gym for the past few weeks, so they might already be familiar faces to some! Jadyn will be taking on a few new preschool classes in the upcoming weeks while Missy will be taking over some pre-existing gymnastics and tumbling & trampoline classes.

We're so lucky to have amazing coaches like Jadyn and Missy at the gym. Thanks for all that you do!

### **Round Off & Back Handspring Clinic**

Saturday, January 21st

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



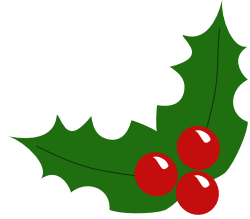
### **Inclement Weather Policy**

Should the gym ever need to close due to snow, a power outage, etc. We will send an email to all families enrolled in classes the day of the closure. We will also update our outgoing phone message and our Facebook with this information. The gym may still be open when schools are closed, so be sure to check in with us and always drive safely, no matter the weather!

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## Last-Minute *Holiday* Shopping Camp



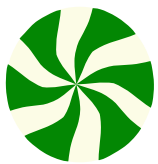
December 19th, 20th, & 21st

9:00 - 12:00 PM

Ages 5-12

\$35 Per Day/ Per Child

Last day to register: Friday, December 9th



Gymnastics Central will be

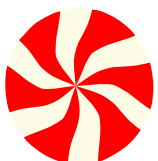
**CLOSED**



Saturday, December 24th -  
Monday, January 2nd



**Happy**



**Holidays!**

