

# Gymnastics Central Newsletter



## November 2022



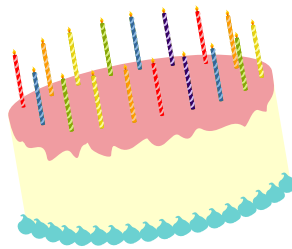
### Athlete Spotlight



Our Athlete Spotlights for November are all of the athletes on our competitive teams! They've worked so hard over the past few months, learning routines and perfecting their skills, and we are so proud of all that they've accomplished thus far! Competition season starts in the next few weeks and we are sure they're going to do amazing in their upcoming meets. Good job on the hard work so far and good luck over the 2022-2023 season!

### **Birthday Parties!**

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Preschool parties now available!

### **Daytime Playtime!**



Fridays



10 - 11 AM



Ages 2-5



\$7 Per child



Pre-Register Online  
Spaces Limited!



### **Open Gym**

Fridays 7:30 - 8:30PM

Ages 6 and Up

\$10 Per Child



**Pre-Register  
Online**

### Staff



### Spotlight

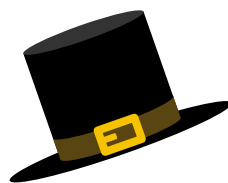
Our Staff Spotlights for November are Aly, Allison, Alaina, and Savannah! The four above coaches are the newest additions to the Gymnastics Central coaching team and we wanted to use this spotlight to wish them all a very warm welcome! Aly, Allison, and Alaina are all former competitive team athletes (T&T and Xcel Stars, respectively) and Savannah is a current student in our level 4 gymnastics class. We're so lucky to have such wonderful and talented instructors working at Gymnastics Central. If you see Aly, Allison, Alaina, or Savannah around the gym, be sure to say 'Hi'!

Gymnastics Central will be

**CLOSED**

**Thursday, November 24th &  
Friday, November 25th.**

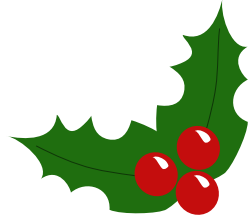
# Happy Thanksgiving!



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## Last-Minute *Holiday* Shopping Camp

December 19th, 20th, & 21st

9:00 - 12:00 PM

Ages 5-12

\$35 Per Day/ Per Child

