

Gymnastics Central Newsletter



November 2021



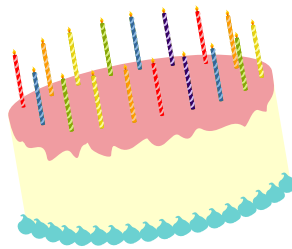
Athlete Spotlight



Our Athlete Spotlight for November is Allison Z! Allison is a member of our Top Guns tumbling & trampoline team. She was nominated by her coach, Ariel, because she always has a great attitude and works so hard all the time. Allison has been interested in gymnastics and tumbling for six years and started taking classes at Gymnastics Central back in 2018. Tumbling is Allison's favorite part of practice, but more specifically, she likes to do backflips! Outside of the gym, Allison also does volleyball. Allison and the other members of the Top Guns team will have their first meet of the season in November. Good luck to everyone!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

Daytime Playtime!



Fridays



10 - 11 AM



Ages 2-5



\$5 Per child



Pre-Register Online
Spaces Limited!



Open Gym

Fridays 7:30 - 8:30PM
Ages 6 and Up
\$10 Per Child



Pre-Register
Online

Staff



Spotlight

Our Staff Spotlight for November is Kaitlyn! Kaitlyn is the newest coach at the gym, having joined us back in September. Kaitlyn currently instructs preschool, T&T, gymnastics and gym warrior classes! Outside of the gym, Kaitlyn works as a firefighter paramedic. Kaitlyn started taking gymnastics classes back when she was just 1 year old! In her youth, she was instructed by our own Coach Dara! Kaitlyn was nominated by Dara because she is a hard working instructor and is always willing to step up and help out when she is able to. We are so excited to have Kaitlyn as a part of our team at Gymnastics Central. If you see her around the gym, be sure to say 'Hi'!

Round Off & Back Handspring Clinic

Saturday, November 20th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up



Gymnastics Central will be

CLOSED

Thursday, November 25th &
Friday, November 26th.

Happy
Thanksgiving!



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Shop & Drop



Friday,
November 26th
9:00-12:00 PM
Ages 5-12

\$35 Per Child
Spaces Limited!
Register Online Today!



Last-Minute *Holiday* Shopping Camp



December 20th, 21st,
22nd, & 23rd
9:00 - 12:00 PM
Ages 5-12

\$35 Per Day/ Per Child

