

Gymnastics Central Newsletter

October 2022

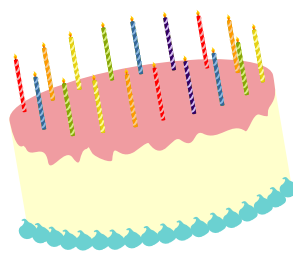
Athlete Spotlight



Our Athlete Spotlight for October is Piper H! Piper is a student in one of our gymnastics level 1 classes and she was nominated by her instructor, Emily, because she always has such a can-do attitude! She has worked so hard over the past few weeks to master the last few skills she has for level 1 and Emily has been so proud of what she's achieved so far! Piper has been interested in gymnastics since preschool, but wasn't sure where to start. Some of her friends had their birthday parties at the gym, which piqued her interest more, and this year she decided *why not?* Her favorite parts of gymnastics are; challenging herself to do new things, the feeling of accomplishment she gets after mastering a new skill, and cheering on her classmates! Outside of the gym, Piper enjoys volleyball, piano, basketball, singing, baking, drawing, jewelry making, spending time with her friends and family, and playing with her dog! We love having hard-working students like Piper at the gym! **Keep up the great work!**

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Daytime Playtime!

★ Fridays ★
10 - 11 AM
★ Ages 2-5 ★
★ \$7 Per child ★
★ Pre-Register Online ★
★ Spaces Limited! ★

Open Gym

Fridays 7:30 - 8:30PM
Ages 6 and Up
\$10 Per Child



Pre-Register Online

Gymnastics Central will be

CLOSED

for Halloween

Monday, October 31st

After 3 PM



Staff Spotlight



Our Staff Spotlight for October is Coach Renee! Renee is the coach of our gymnastics pre-team and also instructs a few of our recreational classes; such as the back handspring class and gymnastics level 2. Renee was nominated by Dara because she's dependable, works well with all of her kids, and is always willing to learn - which is a very important trait for any great coach! We're so lucky to have amazing coaches like Renee working at Gymnastics Central. If you see her around the gym, be sure to say 'Hi'!

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Are You
The Ultimate Gym Warrior?



GYM WARRIOR COMPETITION

Saturday, Oct 29th

\$25 Per Athlete

Costume Contest!



Ages 5 & 6

Ages 7 - 9

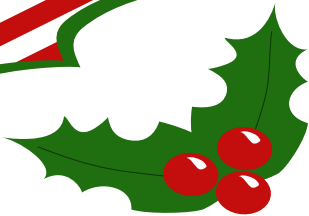
Ages 10 +

2:00 - 3:30 PM

2:00 - 3:30 PM

3:45 - 5:15 PM

Register online today!



Last-Minute *Holiday* Shopping *Camp*

December 19th, 20th,
& 21st

9:00 - 12:00 PM

Ages 5-12

\$35 Per Day/ Per Child

