

# Gymnastics Central Newsletter

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## September 2020

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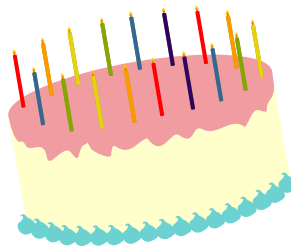
### Athlete Spotlight



One of the Athlete Spotlights for September is Kate Nobles! Kate was nominated by her instructor, Dara, because she recently tumbled backwards for the first time in two years - way to go! Kate started taking gymnastics when she was 3 years old. She loves all events, but bars is her favorite and she loves the feeling of learning a new skill! When not doing gymnastics, Kate likes to play volleyball, bake, hang out with her friends and go shopping. We love having such dedicated athletes at the gym!

### **Birthday Parties!**

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!



### Athlete Spotlight

One of the Athlete Spotlights for September is Isabella Wyatt! Isabella was nominated by her instructor, Dara, because she always practices at home and works very hard. That's awesome, Isabella! Isabella has been interested in gymnastics for her whole life because of her older sister who is also in gymnastics. When Isabella is not in the gym she likes to play video games with her dad and play Barbies with her sister! We love having hard-working athletes at the gym! Way to go, Isabella!

### All Registration is now ONLINE!

Registering for classes at Gymnastics Central is easier than ever with our Parent Portal! Simply go online and click the link on our homepage to be taken to the portal!

[gymnastics-central.com](http://gymnastics-central.com)



### Staff Spotlight

Tara is the staff spotlight for September! Formerly an athlete on our T&T team, Tara has been at Gymnastics Central for six years! She currently teaches preschool, entry level gymnastics and a couple of level 2 gymnastics and T&T classes. We love having passionate coaches at the gym! If you see Tara around, be sure to say 'Hi!'

### Health & Safety Policies

We are still strongly encouraging drop-off and pick-up for classes or for parents to wait in their cars. If you do choose to stay, our current policy is one parent per child for in-lobby viewing. Since seating is still limited at this time, we do ask that athletes do not leave their belongings on an unoccupied seat; instead, these should be left either with a parent or against the back walls by the cubbies.

**Gymnastics Central will be  
CLOSED Monday,  
September 7th  
for Labor Day**