

# Gymnastics Central Newsletter



## August 2021



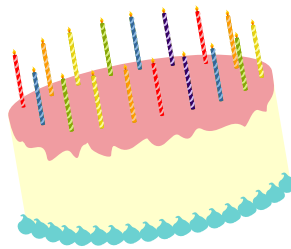
### Athlete Spotlight



Our Athlete Spotlight for August is TJ Allen. TJ is an student in our level 2 tumbling and trampoline classes. His instructor, Cole, nominated him because TJ has a great work ethic, always has a smile on his face, and never says 'no' when a new challenge is put in front of him. TJ's interest in tumbling and trampoline first started 2-3 years ago. He doesn't have a favorite aspect of the sport - he likes it all! Outside of tumbling and trampoline, TJ enjoys drawing, and playing golf and basketball. We love having dedicated athlete's with great attitudes like TJ at the gym!

### **Birthday Parties!**

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

### **Daytime Playtime!**

★ Fridays ★

10 - 11 AM

★ Ages 2-5 ★

\$5 Per child

★ Pre-Register Online ★  
Spaces Limited!

### **Open Gym**

Returns  
September 10th!



**More Information  
Coming Soon!**

### Staff Spotlight



Our Staff Spotlight for the month of August is Erica! Erica is a member of our front office staff - if you've called, emailed, or spoken with someone at the desk, you've likely interacted with her at some point! Erica graduated from Ohio University with a degree in English in 2016 and started working at Gymnastics Central in the summer of 2017. She doesn't have much past experience with the gymnastics side of things, but after nearly four years at the gym, she's picked up a little bit. She enjoys helping people find the best classes for their children and schedule. Be sure to say 'Hi!' if you see her around the gym!

### **Round Off & Back Handspring Clinic**

Saturday, September 11th

1:15 - 2:45 PM

\$15 Per Child

Ages 7 & Up

