

Gymnastics Central Newsletter



August 2020



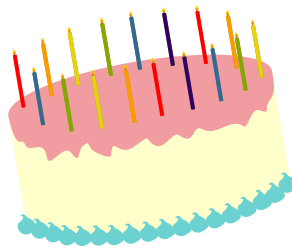
Athlete Spotlight



The Athlete Spotlight for August is Anna Lafkas! Anna is an athlete on our level 3 competitive team. Her coach, Maria, nominated her because she sees that Anna works 'insanely hard' and always pushes herself to improve. She can tell that Anna works hard at home as well as at the gym! Anna has been interested in gymnastics since she was 5 years old. She loves everything about gymnastics, but especially loves the floor and beam! She also loves her coaches and teammates. Outside of the gym, Anna loves to do arts and crafts, watch movies, dance, play soccer & volleyball, play with her American Girl Dolls and play Clue with her family. Thanks for always working hard, Anna!

Birthday Parties!

Does your child have a birthday party coming up? Well, good news! Gymnastics Central is hosting birthday parties again! Is there a better way to spend your birthday than running, jumping, and climbing at Gymnastics Central? Gym warrior sets available as well!



Only for ages 5 and up!

All Registration is now ONLINE!

Registering for classes at Gymnastics Central is easier than ever with our Parent Portal! Simply go online and click the link on our homepage to be taken to the portal!



gymnastics-central.com



Staff Spotlight

The staff spotlight for the month of August is Randy Holmes! Randy is currently one of the coaches for our Tumbling & Trampoline teams and also teaches our back handspring classes. Randy has been tumbling for 12 years now! Randy was nominated because he is always willing to step up and help another coach in need. We love having passionate, dedicated coaches like Randy working at Gymnastics Central! Be sure to tell him 'Hi' if you see him around the gym!

GYMNASTICS CENTRAL OPEN TEAM TRYOUTS

Saturday, August 8th

11:30 - 3:30 PM

8485 Broadwell Rd, Newtown OH 45244

Ages 8 & Up

Register Online Today

11:30 - 12:00
Check In

12:00 - 12:30
Warm Up

12:30 - 3:30
Tryouts